



# ANSANM GAMES 2020

## VIDEO SUBMISSION GUIDELINES

Thank you for being a part of the Ansanm Games 2020. All videos must be submitted to Dropbox using this link:

<http://lifeansanm.org/games2020videos>

Videos submitted must follow these guidelines:

- Video entries must be horizontal (widescreen, not vertical).
- Full HD (1920 x 1080p) resolution or higher.
- Between 1:00 and 1:15 minutes in length.
- Do not use any filtering software or applications.
- If you choose to add music to your video, please make sure it is licensed for broadcast use. (Do not use any copyrighted music like the stuff you hear on the radio.)

Here are a few tips to make your video great:

- Audio
  - Try to capture the cheering and the “noise” of the game.
  - Make sure the cameraman does not talk or cheer during the filming.
- Lighting
  - Is the room bright enough? If the light seems dim to your eyes, it is likely too dark for your camera. Move to a brighter room if possible.
  - Don't back light your game - avoid placing bright lights, windows or other light sources directly behind the game.
- Video
  - Follow the guidelines requiring a Full HD (1920 x 1080p) video.
  - Make sure the video is 16 x 9 resolution.
  - Hold camera steady. Tucking your elbows into your body and using a "defensive stance" will turn your body into a natural tripod.
  - If you can, use a tripod or monopod for stabilization.
  - **Make sure to keep your phone flipped to landscape mode, not portrait.** Filming in the portrait orientation will create “black bars” on either side of your shot.
  - Record a few seconds before and a few seconds after the action.